

FAMILY FOOD

BY THE UPPER HOUSE

BETTER THAN THANKSGIVING 195

roasted chicken thigh, sweet potatoes, green apple, yellow beetroot, roasted Brussels sprouts, walnuts, dried cranberries, mixed greens, rosemary dressing

THE COBB 195

shredded chicken, 6-minute egg, crispy maple bacon, cherry tomatoes, cucumber, avocado, blue cheese, romaine, blue cheese dressing

THE G.O.A.T. 195

roasted chicken thigh, red grapes, golden raisins, almonds, goat cheese, quinoa, wild rice, kale, romaine, balsamic vinaigrette

KALE CAESAR 195

grilled prawns, 6-minute egg, maple-cured bacon, cherry tomatoes, sourdough croutons, parmesan crisps, kale, romaine, Caesar dressing

QUEEN GODDESS 195

black lentils, crispy chickpeas, roasted sweet potato, shredded carrots, Flagrant broccoli, pickled beetroot, kale, cabbage, baby spinach, green goddess ranch

THE RAINBOW 195

fresh mozzarella, pickled beetroot, cherry tomatoes, oranges, shallot rings, sourdough croutons, almonds, mixed greens, beetroot vinaigrette

SPICY FISH TACO 195

Flagrant salmon, cherry tomatoes, avocado, crispy tortillas, cilantro, quinoa, arugula, cabbage, lime-cilantro-jalapeno vinaigrette

ILLY COFFEE

Americano	65
Single Espresso	55
Double Espresso	65
Cappuccino	70
Latte	70

JING TEA

Breakfast Blend	65
Earl Grey	65
Sencha	65
Lemongrass Ginger	65
Jasmine Silver Needle	65
Chamomile	65
Genmaicha	65

COLD PRESSED JUICES

Detox Lemongrass Water	80
Green Queen	80
Vitamin Sea	80
Gym Junkie	80

WATER

Bottled Water	35
Coconut Water	40

