

FAMILY FOOD

BY THE UPPER HOUSE

BETTER THAN THANKSGIVING 195

roasted chicken thigh, sweet potatoes, green apple, yellow beetroot, roasted Brussels sprouts, walnuts, dried cranberries, mixed greens, rosemary dressing

THE COBB 195

shredded chicken, 6-minute egg, crispy maple bacon, cherry tomatoes, cucumber, avocado, blue cheese, romaine, blue cheese dressing

THE G.O.A.T. 195

roasted chicken thigh, red grapes, golden raisins, almonds, goat cheese, quinoa, wild rice, kale, romaine, balsamic vinaigrette

KALE CAESAR 195

grilled prawns, 6-minute egg, maple-cured bacon, cherry tomatoes, sourdough croutons, parmesan, kale, romaine, Caesar dressing

QUEEN GODDESS 195

black lentils, crispy chickpeas, roasted sweet potato, shredded carrots, Flagrant broccoli, pickled beetroot, kale, cabbage, baby spinach, green goddess ranch

THE RAINBOW 195

fresh mozzarella, pickled beetroot, cherry tomatoes, oranges, shallot rings, sourdough croutons, almonds, mixed greens, beetroot vinaigrette

SPICY FISH TACO 195

Flagrant salmon, cherry tomatoes, avocado, crispy tortillas, cilantro, quinoa, arugula, cabbage, lime-cilantro-jalapeno vinaigrette

ILLY COFFEE

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|-----------------|----|
| Americano | 65 |
| Single Espresso | 55 |
| Double Espresso | 65 |
| Cappuccino | 70 |
| Latte | 70 |

JING TEA

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|-----------------------|----|
| Breakfast Blend | 65 |
| Earl Grey | 65 |
| Sencha | 65 |
| Lemongrass Ginger | 65 |
| Jasmine Silver Needle | 65 |
| Chamomile | 65 |
| Genmaicha | 65 |

COLD PRESSED JUICES

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|------------------------|----|
| Detox Lemongrass Water | 80 |
| Green Queen | 80 |
| Vitamin Sea | 80 |
| Gym Junkie | 80 |

WATER

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|---------------|----|
| Bottled Water | 35 |
| Coconut Water | 40 |

